

A SIMPLE WAY TO LEARN MORE ABOUT YOUR CHILD



Developmental milestones!

Why check milestones? Knowing the developmental milestones children experience makes parenting easier. Developmental screenings, like the Ages & Stages Questionnaire (ASQ), help identify your children's strengths and areas where they may need additional support as you watch them grow.

Doing a screening is as simple as playing with your child!

Ages & Stages Questionnaires

For children from birth through age five. A quick check on your child's milestones in these areas:

- Communication**
- Gross Motor**
- Fine Motor**
- Personal-Social**
- Problem Solving**

Ages & Stages Questionnaire: Social-Emotional

Looks specifically at behavioral and emotional development in children from birth to age six.



Where can I do a screening?

Talk to your childcare provider to see if screenings are available through them! If not, parents can complete screenings at no cost through Help Me Grow Utah. **Visit helpmegrowutah.org or dial 2-1-1 and ask for Help Me Grow!**

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