



Send completed CEU homework to:
URPD
6515 Old Main Hill
Logan, UT 84322

CEU Homework Cover Sheet

CourseTitle Help me Grow-Social/Emotional

Course Dates _____

Name _____

Mailing Address _____

City _____ State _____ Zip _____

Home Phone _____ Work Phone _____

Please complete this form and submit it with your completed CEU homework assignments.

There is no cost for CEU credit. Please note that the CDA Council now accepts clock hours for CDA Renewal so completion of the CEU credit for this purpose might not be necessary. Please contact the CDA Council at 800-424-4310 or check their website <http://cdacouncil.org> for more information.

Homework assignments must be complete in order to be considered for credit. Incomplete assignments will be returned. You can re-submit a homework assignment for credit, as long as it is still before the due date. You MUST include a CEU Homework Cover Sheet with all requests.

Homework due dates will be strictly enforced. Homework is due 3 weeks after the last session of class. In order for homework to be considered for credit it needs to be postmarked on or before that date. There are no exceptions to this policy. Classes you are earning CEU credit for must be completed in full. If you make up a session in order to complete the course, the CEU homework is due 3 weeks from the make-up session date.

Please allow 3 weeks for processing of your certificate. If you have any questions, please contact CCPDI at 800-531-2468 or email ccpdi@usu.edu

Completed CEU homework is due 3 weeks after the last session of class.

ASQ:SE- Help Me Grow CEU Homework

Instructions:

- > Choose and complete four of the following assignments.
- > In order to complete some of the assignments, you will need *ASQ:SE* materials. If you do not have *ASQ:SE* materials, contact your local CCR&R for copies of and access to *ASQ:SE* materials and resources.
- > Answer all parts of the assignments that you choose.
- > Represent what you learned from your participation in the *ASQ-3- Help Me Grow* Course
- > Please write in depth, but try to contain your answers to one page per question.

1. Parental consent is required before completing any developmental screening; such as the *ASQ:SE*. You would like all of the parents of the children in your care to give permission and participate in and complete an *ASQ:SE* questionnaire for the age of their child. You sense that some parents may be reluctant in giving their consent. Explain what you would tell them to help them understand the importance of completing the *ASQ:SE* screening questionnaire? What are some tools that you can use to communicate this importance to the parents?
2. Social and Emotional Competence is an array of behaviors that permits one to develop and engage in positive interactions with peers, siblings, parents, and other adults. As well as, the ability to effectively regulate emotions to accomplish one's goals. What are some "inappropriate" or "unacceptable" behaviors you see in young children in your care that would warrant concern? Have you ever had to care for a child that was not socially or emotionally competent? Briefly describe three learning activities that can be incorporated into your daily curriculum and how the activity can help children achieve social and emotional competence.
3. Learning and understanding developmental milestones (how children play, learn, speak, and act) is important. It is especially important for you as a provider to be familiar with the developmental milestone of the age of children you work with. Visit <http://www.cdc.gov/CDCTv/BabySteps/> and review the video clip. Then select a child in your care (child should remain nameless for confidentiality purposes). Take some time (a few days) to observe the child. List two developmental milestones (age specific for that child) from three domains of the *ASQ:SE* (self-regulation, compliance, communication, adaptive functioning, autonomy, affect, interaction with people) that you observed the child doing. Also, list the activity in which you notice the child performing that milestone. For this activity, you will need an *ASQ-SE* questionnaire specific to the age of the child you have selected to observe.
4. Responsive relationships with consistent primary caregivers help build positive attachments that support healthy social emotional development. These relationships form the foundation of mental health for infants, toddlers, and preschoolers. Visit <http://www.youtube.com/watch?v=apzXGEbZhtO> and watch "The Still Face Experiment". What feelings and emotions did the baby experience when the mother becomes still-faced? What feelings and emotions did you experience when the mother became still-faced? What lessons did you learn from this experiment regarding responsive relationships and positive social attachment? How has this experiment influenced your daily interactions with others?
5. Selecting the *correct ASQ:SE* questionnaire to use is vital in obtaining connect data on a child's development. Choose a child in your care. Pretend that you are getting ready to administer *the ASQ:SE* to that child. Using their date of birth, calculate the child's age in months and days at administration (today's date) of the *ASQ:SE*. Explain or demonstrate how you calculated the correct age. Which questionnaire would you use for assessment based on the calculated correct age? For confidentiality purposes, please do not use the child's name.
6. Demonstrate your knowledge of the class by assessing a child using the *ASQ:SE*. What was the child's calculated correct age at screening? What *ASQ:SE* questionnaire did you use? Discuss your feelings about using the *ASQ:SE*; Example, what was the most difficult part and easiest part of administering *the ASQ:SE*? Or did you discover something new (something you didn't know) about the child you screened?. For this activity, you will need an *ASQ-SE* questionnaire specific to the age of the child you have selected to observe. For confidentiality purposes, please do not use the child's name.
7. Parents and caregivers can enhance the growth and development of infants and young children through the use of the fun, fast, and easy-to-use *ASQ* Learning Activities. Prepare and implement lesson plans for two weeks using the *ASQ* Learning Activities. What was the cost of implementing these activities? What activities worked well? What didn't work well? How did the use of the activities better your program?
8. This course discussed the importance of making a referral when needed, and listed some helpful community resources for parents in the state of Utah. Before giving out resources, it is important to make sure you are familiar with community resources and what they offer parents. Thereby, giving parents useful resources that will benefit their child. List at least three resources in your county, and discuss their role in helping children and their families.