



Send completed CEU homework to:
URPD
6515 Old Main Hill
Logan, UT 84322

CEU Homework Cover Sheet

School Readiness, Course 3: Social Emotional

Course Title _____

Course Dates _____

Name _____

Mailing Address _____

City _____ State _____ Zip _____

Home Phone _____ Work Phone _____

Please complete this form and submit it with your completed CEU homework assignments.

There is no cost for CEU credit. Please note that the CDA Council now accepts clock hours for CDA Renewal so completion of the CEU credit for this purpose might not be necessary. Please contact the CDA Council at 800-424-4310 or check their website <http://cdacouncil.org> for more information.

Homework assignments must be complete in order to be considered for credit. Incomplete assignments will be returned. You can re-submit a homework assignment for credit, as long as it is still before the due date. You **MUST** include a CEU Homework Cover Sheet with all requests.

Homework due dates will be strictly enforced. Homework is due 3 weeks after the last session of class. In order for homework to be considered for credit it needs to be postmarked on or before that date. There are no exceptions to this policy. Classes you are earning CEU credit for must be completed in full. If you make up a session in order to complete the course, the CEU homework is due 3 weeks from the make-up session date.

Please allow 3 weeks for processing of your certificate. If you have any questions, please contact CCPDI at 855-531-2468 or by email at ccpdi@usu.edu

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School Readiness Standards Course 3: Social Emotional

Choose and complete **four** of the following assignments:

Answer all parts of the questions that you choose.

Represent what you have learned while participating in the *School Readiness Course 3* class.

Your answers need to be in depth, but try to contain them to one page.

1. One way to help children develop a healthy self-esteem is to plan activities that are meaningful and appropriate for the age and abilities of the children. Create an activity plan for the age group you care for that includes activities that will allow the children to build their self-esteem and describe how the activity will help to develop self-esteem.
2. Self-expression is a wonderful way for children to develop self-awareness and positive self-esteem. Create a list of at least 10 self-expression activities that you could offer to children and explain how the activities are self-expression and what the children may learn about themselves from these activities.
3. One common concern from providers is behavior issues with children. Using handout #2 from session #2, choose two children that you may have struggles with and decide what their temperament is. Describe the traits of the child and list the temperament. Create a plan for how you can support this child knowing their temperament trait and how this might help in dealing with their challenging behaviors.
4. Develop a lesson plan using handout #6 from session #2 that includes curriculum ideas that encourage children to cooperate. After using this curriculum for a week, describe what changes you were able to see with the children. Did you see a reduction in some of the challenging behaviors?
5. Think about the environment that you work in and describe a way that you will create an environment that demonstrates and allows for all types of emotions to be present. What will you add to your environment to help teach children about their emotions and allow them to express many of them in an acceptable manner?
6. In session #3, the curriculum focuses on ways to help a child learn to problem solve. This is a lifelong skill for the children to learn. Create a lesson plan for helping children problem solve, make sure you are thinking of the current skills your children have and the developmental level of the children. After using your lesson plan, report on it regarding how successful it was or what changes need to be made to have this be a successful way to help the majority of your children learn this skill.
7. Create a newsletter for parents describing the developmental milestones for children when it comes to emotions. Within this newsletter provide parents with age appropriate expectations and activities they can do with their children to help them understand where their children are with their development of emotions and to help their children develop a healthy understanding of their own emotions.
8. In order to help children learn more about their community, create a getting to know you questionnaire specifically designed to get to know the parents and other family members. Create a plan of how you will put this information to use in your program. Some examples might be to ask a parent who cuts hair to come to class to share what they do or ask a parent who has a different culture than the majority of children in your care and asking them to come and share their culture with the children.