Dear Leah,

Have you heard about Career Ladder professional activities? Did you know that professional activities are an additional way to earn Career Ladder approved credit hours?

**What are professional activities?**

Approved professional activities go above and beyond a professional’s current job responsibilities and demonstrate a commitment to leadership, engagement in learning and sharing knowledge with others in order to advance the youth and early childhood education field.

This list has recently been updated, and approved activities include:

- Attending a conference *NEW: All conferences will now be approved through this process.*
- Attending a guest speaker presentation at a Care About Childcare resource night
- Presenting at a conference
- Presenting as a guest speaker for a college course or seminar
- Contributing written content to a youth or early childhood publication
- Serving as a member of a committee for a professional or advocacy organization in the field
- Serving as a board member for a professional or advocacy organization in the field

Ten professional activity hours may be counted towards clock hour requirements to earn Career Ladder Level 5, 6, 7 or 8.
For the Child Care Quality System, a maximum of 10 professional activity hours may be used as part of the Career Ladder approved annual training for each individual counted within Domain 3: Leadership and Professional Development and Domain 4: Management and Administration.

For more information about these activities and how to submit documentation, view the Approved Professional Activities List.

Questions? Please contact your local Care About Childcare agency or URPD at urpd@usu.edu or 1-855-531-2468.

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