

Utah Approved Online Career Ladder Courses

Levels 1-3 and 5-8 on the Career Ladder may be earned through approved online clock hours, CEUs, or college credits pertaining to youth and early childhood care and education. Included in this list are approved online courses for clock hours, equivalencies for face-to-face Career Ladder classes, and *suggested* CEU options. Please Note: .1 CEUs = 1 clock hour and 3 college credit hours = 40 clock hours.

Utah's CAC Agencies



Utah State University: 800-670-1552
Weber State University: 888-970-0101
Salt Lake Children's Service Society: 800-839-7444
Utah State University Eastern: 888-637-4786
Utah Valley University: 800-952-8220
Five County Association of Governments: 800-543-7527



Credit Type

Career Ladder Level 1	Career Ladder Levels 2-3	Career Ladder Levels 5-8
BCD- Basic Child Development H- Health S- Safety	ACD-1 Learning Environment ACD-2 Physical & Intellectual Development ACD-3 Social & Emotional Development ACD-4 Working with Families ACD-5 Program Management ACD-6 Professionalism ACD-7 Observing & Recording ACD-8 Child Development	SP- Specialty Courses Endorsements SP-E1 Infant & Toddler SP-E2 School Readiness SP-E3 Special Needs SP-E4 Center Director's SP-E5 Family Child Care SP-E6 Guidance & Emotional Wellness SP-E7 School Age SP-E8 Relationship Touchpoints SP-E9 Theory & Best Practices SP-E10 Developing Your Child Care Business

APPROVED ONLINE COURSES FOR CLOCK HOURS

Career Ladder Level Credit	Career Ladder CDA Credit Type	Career Ladder Course Title	Career Ladder Course Description	Number of Hours	Taught By	Template ID (office use only)
Levels 1-3 Levels 5-8	H, S ACD-1 SP	Pediatric/Child CPR	Course must be offered by a recognized entity with proper approvals and credentials to offer the course.	2 hours maximum	Various	N/A
Levels 1-3 Levels 5-8	H, S ACD-1 SP	Pediatric/Child First Aid	Course must be offered by a recognized entity with proper approvals and credentials to offer the course.	3 hours maximum	Various	N/A
Levels 1-3 Levels 5-8	H, S ACD-1 SP	Pediatric/Child First Aid/CPR/AED	Course must be offered by a recognized entity with proper approvals and credentials to offer the course.	5 hours maximum	Various	N/A
Levels 1-3 Levels 5-8	H, S ACD-2 SP	Food Handler's Certification	Course must be offered by a recognized entity with proper approvals and credentials to offer the course.	2 hours maximum	Various	N/A
Levels 1-3 Levels 5-8	H, S ACD-1 SP	Preventing Child Abuse: Adults Working With Youth Online Course	This course teaches adults who work with youth how to protect the children in their lives from child abuse, how to recognize signs that abuse is occurring and take steps to stop it, how to receive disclosures of child abuse, and to whom disclosures or concerns should be reported. <i>(When registering, in "Organization" write "Utah Registry for Professional Development")</i>	1	Child Abuse Utah https://training.pcautah.org/login/pcau/?type=aw y	
Level 1-3	H, S ACD-1 ACD-5	Online Child and Adult Care Food Program New Center Training	Training for new and already participating institutions on the Child and Adult Care Food Program (CACFP) which includes the responsibilities in administering the CACFP in child care programs, emergency shelters, Head Start Programs, and adult day care centers. Covers administrative and operational responsibilities for directors, assistant directors, and cooks, as well as best practices in healthy menus and meal service. For more info: www.schools.utah.gov/cnp/cacfp	8	USBE https://uen.instructure.com/enroll/9A9TMF Need assistance? Contact Kevin Newsome 801.538.7525	

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Levels 1-3 Levels 5-8	H ACD-1 SP	TOP Star Online: Teaching Obesity Prevention in Child Care Settings	The Teaching Obesity Prevention in Early Child Care (TOP Star) is a program to assist childcare providers to improve their nutrition and physical activity environments and policies.	6	Utah DOH https://events-na12.adobeconnect.com/content/connect/c1/1368427308/en/events/event/shared/default_template_simple/event_ending.html?sco-id=1831800475& charset=utf-8 Need assistance? Contact Judy Harris 801.538.6603	
Levels 2-3 Levels 5-8	ACD-2 SP	PBS Teacherline	PBS Teacherline provides flexible, online professional development for Pre-K-12 educators. All courses listing Preschool as a grade level are approved: <ul style="list-style-type: none"> • RDLA 051, 152, 157, 272 • SCIE 1301, 1302, 1303, 1304, 1305, 1306 	1-45	PBS Teacherline www.pbs.org/teacherline	
Levels 5-8 School Age Endorsement	SP SP-E7	Youth Development Institute (YDI) Online	Participants who work with school-age children will learn how to help support young people before behaviors become a problem, helping to ensure healthy and well-adjusted youth. Classes include: youth development, child development, adolescent development, engaging parents, cultural diversity, unhealthy coping behaviors, mistreatment of children, age appropriate discipline, conflict resolution and bullying prevention.	1-2	http://partnershipuniversity.org/youth-development-institute-ydi-courses-descriptions-and-information	

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Levels 1-3	H, S ACD-1	Pedialink: The AAP Online Learning Center	The American Academy of Pediatrics hosts three FREE courses for child care providers through HealthyChildren.org and Pedialink.aap.org. There are 5 courses currently available: Bug Busting, Medication Administration, Reducing the Risk of SIDS and SUID, Influenza Prevention and Control, and Keeping Children Safe – Injury Prevention.	1-3	American Academy of Pediatrics https://shop.aap.org/pedialink-child-care-courses/#	
Levels 1-3 Levels 5-8	H ACD SP	ChildCareTraining: Early Childhood Online Education	ChildCareTraining.org is a project of Child Care Resources, Inc., a Child Care Resource and Referral agency, and a Child and Adult Care Food Program sponsor based in Montana. Each course is also facilitated by one instructor who provides individualized feedback to every participant. Several online trainings are available on a variety of topics, including: Terrific Twos, What's With This Biting?, Building Partnerships With Families, Outdoor Environments, High Energy with High Fiber, Positive Guidance in Early Childhood Settings, and I Don't Like That! A Guide to Picky Eating. <i>NOTE: The classes listed as MT only are for Montana residents and do NOT count for Utah Career ladder credit.</i>	2-3	Child Care Training: Early Childhood Online Education www.ChildCareTraining.org	
Levels 1-3 Levels 5-8	H, S BCD ACD SP	The Care Courses School Inc.	Care Courses provide a variety of online and correspondence courses that can be used for general training, CDA certification, CDA renewal and NAC renewal. All courses give both clock hours and CEUs. For equivalencies to Career Ladder face-to-face courses, please see below.		Care Courses www.carecourses.com	

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Levels 1-3 Levels 5-8	H, S BCD ACD SP	SmartHorizons	SmartHorizons provides a variety of online courses that can be used for general training, CDA certification, and CDA renewals. All courses give both clock hours and CEUs. For equivalencies to Career Ladder face-to-face courses, please see below.		www.smarthorizons.org/childcare	
Levels 1-3 Levels 5-8	H, S BCD ACD SP	Better Kid Care	Better Kid Care offers a variety of courses in English and Spanish through their On Demand Lessons that can be used for general training, CDA certification and CDA renewals. All courses give both clock hours and CEUs.		http://extension.psu.edu/youth/betterkidcare/early-care	
Levels 1-3 Levels 5-8	H, S BCD ACD SP	Successful Solutions Professional Development LLC	Through a partnership with Washington state's STARS program, Successful Solutions hosts a variety of 1 and 2 hour online courses that can be used for general training, CDA certification and CDA renewals. All courses give clock hour certificates.	1-3	http://www.cdastars.com/ http://www.starsclassesonline.com/	
Levels 1-3 Levels 5-8	H, S BCD ACD SP	Childcare Education Institute Online	CCEI specializes in providing online training and certificates for child care professionals. 100+ online child care training courses in English and Spanish.		http://www.cceionline.edu/	

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Levels 2-3 Levels 5-8	ACD-2 SP	Sesame Street: Make Believe with Math	In preschool, math is everywhere! All early childhood educators are invited to join the Sesame Street friends in this FREE interactive course exploring math and pretend play, ways babies and toddler build a foundation for math, key math objectives for children ages 2–5, strategies to create more learning moments, and fun, ready-to-use activities. This course opens and closes for 3 month periods; you complete it at your own pace. Check the website for the next available dates!	4	Sesame Street in Communities https://sesamestreetincommunities.org/professional-development/courses?training=make-believe-math	424
Levels 2-3 Levels 5-8	ACD-2 SP	Sesame Street: Building a Reader	Join us as for a FREE interactive course that explores key literacy goals, strategies, and activities to support learning around language and literacy in young kids. This course opens and closes for 3 month periods; you complete it at your own pace. Check the website for the next available dates!	4	Sesame Street https://sesamestreetincommunities.org/professional-development/courses?training=building-a-reader	
Levels 1-3 Levels 5-8	BCD ACD-4 SP	Supporting Children and Families Experiencing Homelessness	Enhance your knowledge around family homelessness. In this 8-module interactive learning series, learn how to identify families experiencing homelessness, conduct community outreach, and much more.	4	ECLKC https://eclkc.ohs.acf.hhs.gov/family-support-well-being/article/supporting-children-families-experiencing-homelessness	
Levels 1-3	H, S ACD-1	Childcare Providers Intro to Shaken Baby Syndrome/Abusive Head Trauma (SBS/AHT 5.00)	This training will educate child care providers and educators about the basics of Shaken Baby Syndrome, the normality of early infant crying as well as recognizing and reporting suspected child abuse. Cost is \$5.	5	National Center on Shaken Baby Syndrome https://training.dontshake.org/courses	

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Levels 2-3 Levels 5-8	ACD-5 SP-E4	Aim4Excellence™ Modules	Aim4Excellence™ offers an engaging and interactive online professional learning experience that focuses on the core leadership and management competencies early childhood leaders need. Aim4Excellence is eligible for college credit, supports National Association for the Education of Young Children (NAEYC) program accreditation, and aligns with state professional development credentials.	16	McCormick Center eLearning https://mccormickcenterlearning.nl.edu/	

EQUIVALENCIES TO FACE-TO-FACE CAREER LADDER CLASSES

Career Ladder Level Credit	Career Ladder CDA Credit Type	Career Ladder Course Title	Career Ladder Course Description	Number of Hours	Taught By	Template ID (office use only)
Level 1-3	BCD ACD-3	Social and Emotional Foundations of Learning Equivalent to <i>Learning to Get Along</i>	For course description see website http://www.smarthorizons.org/childcare	21-24	Smart Horizons http://www.smarthorizons.org/childcare	
Levels 1-3	BCD ACD-3	Promoting Strategies to Guide Children's Behaviors Equivalent to <i>Learning to Get Along</i>	For course description see website http://www.smarthorizons.org/childcare	21-24	Smart Horizons http://www.smarthorizons.org/childcare	
Levels 1-3	BCD ACD-3	Enhancement of Social and Emotional Development Equivalent of <i>Learning to Get Along</i>	For course description see website http://www.smarthorizons.org/childcare	21-24	Smart Horizons http://www.smarthorizons.org/childcare	

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Levels 1-3	S ACD-1	Safe and Healthy environment Equivalent to <i>A Great Place for Kids</i>	For course description see website http://www.smarthorizons.org/childcare		Smart Horizons http://www.smarthorizons.org/childcare	
Levels 2-3	ACD-2	Advancement of Physical and Intellectual Development Equivalent to <i>Strong and Smart</i>	For course description see website http://www.smarthorizons.org/childcare	31	Smart Horizons http://www.smarthorizons.org/childcare	
Level 2-3	ACD-6	Commitment to Professionalism Equivalent to <i>More Than Babysitting</i>	For course description see website http://www.smarthorizons.org/childcare	10	Smart Horizons http://www.smarthorizons.org/childcare	
Levels 2-3	ACD-4	Effective Program Operation Equivalent to <i>Creating Good Child Care</i>	For course description see website http://www.smarthorizons.org/childcare	17	Smart Horizons http://www.smarthorizons.org/childcare	
Levels 2-3	ACD-7	Observing and Recording Progress and Behavior of Children	For course description see website http://www.smarthorizons.org/childcare	10	Smart Horizons http://www.smarthorizons.org/childcare	

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		Equivalent to <i>Looking to Learn</i>				
Level 1	BCD	Principles of Growth and Development Equivalent to <i>Level 1 Ages and Stages and Advanced Child Development</i>	For course description see website http://www.smarthorizons.org/childcare	15	Smart Horizons http://www.smarthorizons.org/childcare	
Levels 2-3	ACD-4	Positive Relationships with Families Equivalent to <i>Working Together</i>	For course description see website http://www.smarthorizons.org/childcare	10	Smart Horizons http://www.smarthorizons.org/childcare	
Levels 1-3	H, S, BCD ACD-1 ACD-2 ACD-4 ACD-8	Child Care Essentials Center	For course description see website http://www.smarthorizons.org/childcare	40	Smart Horizons http://www.smarthorizons.org/childcare	
Levels 1-3 Levels 5-8 FCC Endorsement	H, S ACD-1 SP-E5	Child Care Essentials Family	For course description see website http://www.smarthorizons.org/childcare	40	Smart Horizons http://www.smarthorizons.org/childcare	

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Levels 1-3 Levels 5-8	H, S ACD-1 SP	Managing Health and Safety in Child Care Equivalent to <i>Healthy Care</i>	Written for all types of childcare facilities and homes, this course will help you provide a healthy and safe environment for young children. This course covers indoor and outdoor safety concerns, safe food handling, Universal Precautions, and other aspects of disease prevention, and recognizing and reporting child abuse. Includes specific strategies to strengthen families in order to reduce the risk of child abuse and neglect. See the course topics listed below for more information on what is covered.	12	Care Courses School, Inc. www.carecourses.com	
Levels 1-3 Levels 5-8	BCD ACD-8 SP	Understanding Children Equivalent to <i>Level 1 Ages and Stages and Learning in the Early Years</i>	An excellent overview child development course. This course includes sections devoted to the developmental states of infants, toddlers, and preschoolers, and a separate section specifically on children in child care. Learn what children need to be happy and secure; ways to create appropriate learning environments and meet the needs of infants, toddlers and preschoolers; and fun activities for each age group such as nature experiences, learning science attitudes, outdoor play and an in-depth section on dramatic play. Includes a section on toilet learning.	20	Care Courses School, Inc. www.carecourses.com	
Levels 1-3 Levels 5-8	BCD ACD-8 SP	Principles of Child Development and Learning Equivalent to <i>Level 1 Ages and Stages or Learning in the Early Years</i>	Learn the basic principles of children's development and learning and ways to apply these principles to ensure a high-quality, developmentally appropriate early childhood program. Course includes specific and detailed suggestions for applying each principle to meet children's needs and to help all children develop each of their 8 intelligences every day. Includes a worksheet to gauge temperament scales and helpful listings of some goals for young children's development in the various (cognitive, emotional, etc.) domains.	10	Care Courses School, Inc. www.carecourses.com	

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Levels 1-3 Levels 5-8	BCD ACD-2 SP	Learning Centers Equivalent to <i>A Great Place for Kids or Strong and Smart</i>	Bound to get your creative energy flowing, this course will help you create an exciting child's world that will make a pleasant and productive atmosphere for both you and the children in your care. Course discusses children's characteristics; how children learn and develop, what children need to learn; how to create functional learning centers; and how to relate lesson plans to learning centers. Numerous suggestions for hands-on learning experiences included: play dough recipes, art centers, cooking centers, family centers, water play, and an in-depth section devoted to blocks. See the course topics listed below for more information on what is covered.	10	Care Courses School, Inc. www.carecourses.com	
Levels 1-3 Levels 5-8	BCD ACD-2 SP	Many Ways to Learn Equivalent to <i>Strong and Smart</i>	This course applies to toddlers and preschoolers. Learn about children's many intelligences and learning styles: verbal-linguistic, logical-mathematical, visual-spatial, musical, bodily-kinesthetic, naturalist, intrapersonal, and interpersonal. Course includes numerous fun activities to facilitate the development of all of children's intelligences, including word games, storytelling, "walk and look," felt boards, "Draw to the Tempo," puppetry, chase games, nature walks, and "I'm all torn up." See the course topics listed below for more information on what is covered.		Care Courses School, Inc. www.carecourses.com	
Levels 1-3 Levels 5-8	BCD ACD-3 SP	Child Development and Guidance Equivalent to <i>Advanced Child Development and Learning to Get Along</i>	Learn the typical developmental characteristics of children from birth to 6 years of age, techniques of positive guidance, how to use daily routines and schedules to meet children's developmental needs, manage transitions with ease, plan a developmentally appropriate curriculum, and promote children's development through interesting activities. See the course topics listed below for more information on what is covered.	20	Care Courses School, Inc. www.carecourses.com	

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Levels 1-3 Levels 5-8	BCD ACD-7 SP	Observing Recording and Assessing Children's Development Equivalent to <i>Looking to Learn</i>	Learn the typical developmental characteristics of children from birth to 6 years of age, techniques of positive guidance, how to use daily routines and schedules to meet children's developmental needs, manage transitions with ease, plan a developmentally appropriate curriculum, and promote children's development through interesting activities. See the course topics listed below for more information on what is covered.	10	Care Courses School, Inc. www.carecourses.com	
Levels 1-3 Levels 5-8	BCD ACD-4 SP	Partners with Parents Equivalent to <i>Working Together</i>	Learn ways to create effective partnerships with parents, involve parents in their child's program, handle difficult situations, and understand parents' point of view. See the course topics listed below for more information on what is covered.	10	Care Courses School, Inc. www.carecourses.com	
Levels 1-3 Levels 5-8	BCD ACD-5 SP	Improving Staff Performance Equivalent to <i>More Than Babysitting</i>	Explore sources of motivation, job-related satisfaction, and job-related frustration for child care workers. Learn ways to stimulate staff creativity and ways to prevent burnout and help staff deal with stress. See the course topics listed below for more information on what is covered.		Care Courses School, Inc. www.carecourses.com	
Levels 1-3 Levels 5-8	BCD ACD-6 SP	The Early Childhood Professional Equivalent to <i>More Than Babysitting</i>	This course is written for all early childhood professionals, working in homes or centers. Become a more professional child care worker as you examine standards for high-quality child care and ways to show respect for diversity among children and families, develop congenial relationships with families and staff, and manage stress. See the course topics listed below for more information on what is covered.	16	Care Courses School, Inc. www.carecourses.com	

SUGGESTED CEU OPTIONS

Career Ladder Level Credit	Career Ladder CDA Credit Type	Career Ladder Course Title	Career Ladder Course Description	Number of Hours	Taught By	Template ID (office use only)
Levels 1-3 Levels 5-8 GEW or SN Endorsement	BCD ACD-2 ACD-3 ACD-8 SP-E3 SP-E6	Autism Case Training	This FREE introductory course is designed to help primary health care providers gain knowledge and skills to improve early identification of children with Autism Spectrum Disorder and ensure timely and appropriate care.	2-6	Centers for Disease Control and Prevention http://www.cdc.gov/ncbddd/actearly/autism/case-modules/	
Levels 1-3 Levels 5-8 SN Endorsement	BCD ACD-8 SP-E3	Watch Me! Celebrating Milestones and Sharing Concerns	An estimated 1 in 6 children has some type of developmental disability. Most of these children are identified too late and miss the chance to benefit from early intervention services and supports. You can help change that. Access this FREE, 1-hour online continuing education course to better understand the role you can play in helping children with developmental delays get the early help they need to reach their full potential.	1	Centers for Disease Control and Prevention www.cdc.gov/WatchMeTraining	
Levels 1-3 Levels 5-8	H, S ACD-1 SP	Multi-Hazard Planning for Childcare	This FREE course covers the steps to help childcare providers prepare for incidents to ensure the safety of the children at their site. Childcare providers must have plans and procedures to keep children safe from everyday hazards and to respond and recover when an emergency happens.	2	Federal Emergency Management Institute https://training.fema.gov/is/courseoverview.aspx?code=is-36	
Levels 1-3 Levels 5-8	BCD ACD SP	Connect Courses	Courses are self-paced, self-guided online courses Learn about specific research-based practices through real life dilemmas, video demonstrations, and discussions with other learners, quizzes, and much more. The courses are designed for professionals who work with or support young children and their families in a variety of learning environments	1-5	Connect: The Center to Mobilize Early Childhood Knowledge	

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			and inclusive settings. Course 1 is free and approved for 1 credit hour. Courses 2-8 offer CEU credits for completion and are \$30 each.		http://connect.fpg.unc.edu/connect-courses	
Levels 1-3 Levels 5-8	BCD ACD SP	NAEYC Online	The National Association for the Education of Young Children is offering online courses in developmentally appropriate practices and purposeful play. These classes offer CEU's (Continuing Education Units) and are \$20 each.	1	NAEYC https://www.naeyc.org/resources/pd	
Levels 1-3 Levels 5-8	H, S BCD ACD SP	Prosolutions Training (Choose from Utah Course Catalog)	Over 100 affordable individual courses available in numerous early care and education and social services subject areas. Classes available in English and Spanish. The coursework is skills-based and encourages the student to reflect on their own individual teaching or professional style, transferring the knowledge they attain in the coursework to their work in the early childhood classroom or in social services practice. CEU's are automatically awarded upon request at no additional charge.	Varies	Prosolutions http://www.prosolutionstraining.com	
Levels 1-3 Levels 5-8	H, S BCD ACD SP	Quorum e-learning by Quality Assist	In these courses the participants will learn foundational skills to help them to create a classroom where each child can meet their full potential. These classes offer CEU's (Continuing Education Units).	Varies	Quality Assist http://quorumlearning.com/	

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Levels 1-3 Levels 5-8	H, S BCD ACD SP	Early Childhood Investigations Webinars	Early Childhood Investigations Webinars offer \$15 CEUs through The University of Oklahoma. Learn more here: http://www.earlychildhoodwebinars.com/2016/07/continuing-education-units-ceus-university-oklahoma/	2	Early Childhood Investigations Webinars www.earlychildhoodwebinars.com	
Levels 1-3 Levels 5-8	H, S BCD ACD SP	Continued	Continued offers a range of child care topics through their online courses. For an annual subscription, providers can take as many courses as they choose.	Varies	Continued https://www.continued.com/	
Levels 1-3 Levels 5-8	H, S BCD ACD SP	Utah Afterschool Network eLearning Institute	In a partnership with Cypherworx and Child Care Aware, the Utah Afterschool Network offers a selection of online courses for educators working with school age children.	Varies	Cypherworx https://collaboration.net/utahafterschool	
Levels 1-3 Levels 5-8	H, S BCD ACD SP	SafeGard Classes Online	SG Classes Online offers a wide range of licensing and professional development courses (including CDA curriculum) for child care professionals, from child development to health, safety and nutrition. All classes are online and accessible on any device, including tablets and phones.	Varies	SafeGard Classes Online https://sgclassesonline.com	

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Levels 2-3 Levels 5-8	ACD-5 SP-E4	Aim4Excellence™ Modules	Aim4Excellence™ offers an engaging and interactive online professional learning experience that focuses on the core leadership and management competencies early childhood leaders need. Aim4Excellence is eligible for college credit, supports National Association for the Education of Young Children (NAEYC) program accreditation, and aligns with state professional development credentials.	16	McCormick Center eLearning https://mccormickcenterlearning.nl.edu/	