



Send completed CEU homework to:  
URPD  
6515 Old Main Hill  
Logan, UT 84322

## CEU Homework Cover Sheet

CourseTitle Help Me Grow

Course Dates \_\_\_\_\_

Name \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

**Please complete this form and submit it with your completed CEU homework assignments.**

There is no cost for CEU credit. Please note that the CDA Council now accepts clock hours for CDA Renewal so completion of the CEU credit for this purpose might not be necessary. Please contact the CDA Council at 800-424-4310 or check their website <http://cdacouncil.org> for more information.

Homework assignments must be complete in order to be considered for credit. Incomplete assignments will be returned. You can re-submit a homework assignment for credit, as long as it is still before the due date. You **MUST** include a CEU Homework Cover Sheet with all requests.

Homework due dates will be strictly enforced. Homework is due 3 weeks after the last session of class. In order for homework to be considered for credit it needs to be postmarked on or before that date. There are no exceptions to this policy. Classes you are earning CEU credit for must be completed in full. If you make up a session in order to complete the course, the CEU homework is due 3 weeks from the make-up session date.

Please allow 3 weeks for processing of your certificate. If you have any questions, please contact CCPDI at 800-531-2468 or email [ccpdi@usu.edu](mailto:ccpdi@usu.edu)

***Completed CEU homework is due 3 weeks after the last session of class.***

## Help Me Grow (Community Class)

### Instructions:

- Choose and complete four of the following assignments.
  - **In order to complete some of the assignments, you will need ASQ-3 materials. If you do not have ASQ-3 materials, contact your local CCR&R for copies of and access to ASQ-3 materials and resources.**
  - Answer all parts of the assignments that you choose.
  - Represent what you learned from your participation in the *Help Me Grow* Course.
  - Please write in depth, but try to contain your answers to one page per question.
1. Parental consent is required before completing any developmental screening; such as the ASQ-3. You would like all of the parents of the children in your care to give permission and participate in and complete an **ASQ-3** questionnaire for the age of their child. You sense that some parents may be reluctant in giving their consent. Explain what you would tell them to help them understand the importance of completing the **ASQ-3** screening questionnaire? What are some tools that you can use to communicate this importance to the parents?
  2. Parents don't always understand child developmental milestones and sometimes have unrealistic expectation for their child; for example, a parent may be adamant that their child, who is just two years old, share a favorite toy with another child. Give an example of when a parent of a child in your care had or has unrealistic expectations for their child. Explain how you helped or might help that parent to understand and adopt realistic expectations for that specific age of their child?
  3. Learning and understanding developmental milestones (how children play, learn, speak, and act) is important. It is especially important for you as a provider to be familiar with the developmental milestone of the age of children you work with. Visit <http://www.cdc.gov/CDCtv/BabySteps/> and review the video clip. Then select a child in your care (child should remain nameless for confidentiality purposes). Take some time (a few days) to observe the child. List two developmental milestones (age specific for that child) from three domains of the **ASQ-3** (gross motor, fine motor, communication, problem solving and personal-social) that you observed the child doing. Also, list the activity in which you noticed the child performing that milestone. **For this activity, you will need an ASQ-3 questionnaire specific to the age of the child you have selected to observe.**
  4. If you already use a screening tool in your program, what is that tool? Compare and contrast that tool with the **ASQ-3** and discuss why you would or would not use the **ASQ-3**. List the five advantages of using the **ASQ-3** system.
  5. Selecting the correct ASQ-3 questionnaire to use is vital in obtaining correct data on a child's development. Choose a child in your care. Pretend that you are getting ready to administer the **ASQ-3** to that child. Using their birthdate, calculate the child's age in months and days at administration (today's date) of the **ASQ-3**. Don't forget to make adjustments if the child is under 24 months and is three or more weeks premature. Explain or demonstrate how you calculated the correct age. Which questionnaire would you use for assessment based on the calculated correct age? **For confidentiality purposes, please do not use the child's name.**
  6. In the *Help Me Grow* course, you were asked to demonstrate your learned knowledge from the class by assessing a child using the **ASQ-3**. What was the child's calculated correct age at screening? What **ASQ-3** questionnaire did you use? Discuss your feelings about using the **ASQ-3**; Example, what was the most difficult part and easiest part of administering the ASQ-3? Or did you discover something new (something you didn't know) about the child you screened?
  7. After you have administered a screening tool, learning to use that information can be helpful when planning curriculum in your daily program, sharing that information with the child's parents in building better parent/teacher relationship, and giving yourself direction when a possible referral for intervention may be needed. Refer back to the child you completed the **ASQ** screening with for this course, did you need to make a referral? Did you give the parent any **ASQ** Learning (Scaffolding) activities? Did you give the parents any **ASQ** Intervention Activities? Did you use any of those activity extensions yourself? Please discuss what activities you and/or the parent used and what the outcome was.
  8. This course discussed the importance of making a referral when needed, and listed some helpful community resources for parents in the state of Utah. Before giving out resources, it is important to make sure you are familiar with community resources and what they offer parents. Thereby, giving parents useful resources that will benefit their child. List at least three resources in your county, and discuss their role in helping children and their families.