



Send completed CEU homework to:  
CCPDI  
6515 Old Main Hill  
Logan, UT 84322

## CEU Homework Cover Sheet

Course Title Child Development Theory & Best Practice, Course 1 – Maslow & Attachment Theory

Course Dates \_\_\_\_\_

Name \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

**Please complete this form and submit it with your completed CEU homework assignments.**

There is no cost for CEU credit. Please note that the CDA Council now accepts clock hours for CDA Renewal so completion of the CEU credit for this purpose might not be necessary. Please contact the CDA Council at 800-424-4310 or check their website <http://cdacouncil.org> for more information.

Homework assignments must be complete in order to be considered for credit. Incomplete assignments will be returned. You can re-submit a homework assignment for credit, as long as it is still before the due date. You **MUST** include a CEU Homework Cover Sheet with all requests.

Homework due dates will be strictly enforced. Homework is due 3 weeks after the last session of class. In order for homework to be considered for credit it needs to be postmarked on or before that date. There are no exceptions to this policy. Classes you are earning CEU credit for must be completed in full. If you make up a session in order to complete the course, the CEU homework is due 3 weeks from the make-up session date.

*Please allow 3 weeks for processing of your certificate. If you have any questions, please contact CCPDI at 855-531-2468 or by email at [ccpdi@usu.edu](mailto:ccpdi@usu.edu)*

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## Child Development Theory & Best Practice Endorsement

### Course 1 – Maslow & Attachment Theory

#### Instructions:

- Choose and complete four of the following assignments.
- Answer all parts of the assignments that you choose.
- Represent what you learned from your participation in Theory & Best Practice, Course 1.
- Please write in depth, but try to contain your answers to one page per question.

1. As a caregiver, describe three things that you can do to help meet the needs of the children in your care on the first four levels of Maslow's Hierarchy of Needs: physiological needs, safety needs, love and belonging needs, and esteem needs. (Three things for each need.)

2. Re-read Handout#3 – Praise vs. Encouragement, from Session 1. Try using encouragement instead of praise as you work with the children in your care for 1 week. Focus on giving encouragement to every child at least 3 times per day. Write down 10 examples of what you said during the week, following this format: Child was building with blocks, I said, "I like how you stacked the blocks alternating the colors, yellow, red, yellow, red".

3. Read one of the children's books from Handout #4 and describe how this book applies to that level of Maslow's Theory. Describe how you can use this in your day-to-day work with children. List three things you will do this week with a child in your care to reinforce this concept.

4. List five ways that a child's safety needs might be threatened in child care. After each one discuss what you will do to see that you meet the child's need for safety (i.e. a new environment is scary – I will let the children bring something from home, blanket etc. that he can use for support.)

5. Mary Ainsworth said that a "secure base" and a "haven of safety" are important so a child can explore and develop new competencies. Explain what you will do to provide a "secure base" and a "haven of safety" for the children in your care.

6. Discuss two ways that you can help support the attachment between the parent and child during each of the following times: during drop-off, during the day, and at pick-up time.

7. List the four milestones of attachment and explain why they are important for early care and education professionals to know. Explain why a primary caregiver system (in a center where the same caregiver is assigned primary responsibility for one baby) helps support the four milestones of attachment.

8. Explain the difference between punishment and positive guidance. Explain why positive guidance helps support secure attachments with children and how punishment leads to insecure attachment. List 3 positive guidance techniques that you will use with the children in your care.